

**2008 Division III NCAA Atlantic Cross Country Regional**  
**MENS' RACE - 8000 meters**  
**November 15, 2008 Host: St. Lawrence University, Canton, NY**  
**Timing By: Granite State Race Services Racetime@gsrcs.com**

Place	TmPI	Name	Class	School	Race#	Time	Pace
1	1	Peter Kosgei	JR	HAMILTON	133	25:18.8	5:06
2	2	Jesse Schneider	SR	NYU	245	25:32.9	5:09
3	3	Josh Henry	SR	CORTLAND ST.	76	25:45.6	5:11
4	4	Tim Chichester	JR	GENESE0 ST.	111	25:46.0	5:11
5	5	Seamus Nally	SR	CORTLAND ST.	77	25:46.0	5:11
6	6	Seth Dubois	JR	CORTLAND ST.	74	25:47.0	5:12
7	7	Dan Ramsey	SO	ST. LAWRENCE	474	25:47.9	5:12
8	8	Michael Heymann	SO	PLATTSBURGH ST.	291	25:49.5	5:12
9	9	Chris Guerriero	SR	TCNJ	530	25:53.6	5:13
10	10	Zach Maher	JR	NYU	242	25:57.9	5:14
11	11	Steve Kiplagat	FR	ST. LAWRENCE	471	26:04.3	5:15
12	12	Tom Bocchino	SO	TCNJ	528	26:05.0	5:15
13	13	Nick Stenuf	SR	NAZARETH	212	26:10.5	5:16
14	14	Justin Wager	JR	CORTLAND ST.	82	26:12.1	5:17
15	15	Travis Stewart	SR	RUTGERS-CAMDEN	420	26:17.9	5:18
16	16	Benjamin Jackson	JR	PLATTSBURGH ST.	292	26:20.9	5:19
17	17	Brett Dolan	SR	GENESE0 ST.	112	26:21.8	5:19
18	18	Tom Williams	JR	FREDONIA ST.	98	26:23.0	5:19
19	19	Jerry Greenlaw	JR	CORTLAND ST.	75	26:24.5	5:19
20	20	Jesse Berube	JR	GENESE0 ST.	109	26:25.0	5:19
21	21	Tom Reubens	SO	GENESE0 ST.	117	26:25.1	5:19
22	22	Sebastian Schwelm	SO	NYU	246	26:25.8	5:19
23	23	Travis Derusso	JR	CORTLAND ST.	73	26:26.6	5:20
24	24	Calvin Lee	JR	NYU	241	26:27.6	5:20
25	25	Eric Stermer	JR	CORTLAND ST.	80	26:29.8	5:20
26	26	Mark Hess	SR	NYU	240	26:34.1	5:21
27	27	Curt Bell	JR	ITHACA	182	26:35.1	5:21
28	28	Nick Pampena	JR	ONEONTA	261	26:35.7	5:21
29	29	Mark Streb	SO	GENESE0 ST.	118	26:40.6	5:22
30	30	Drew Hodge	JR	ITHACA	187	26:42.4	5:23
31	31	Steve Logan	SR	RAMAPO	328	26:44.7	5:23
32	32	Matt Turlip	SO	NYU	247	26:46.3	5:24
33	33	Lee Berube	FR	GENESE0 ST.	110	26:47.0	5:24
34	34	Alex Sico	JR	PLATTSBURGH ST.	294	26:47.7	5:24
35	35	Pete Manktelow	JR	BROCKPORT ST.	30	26:48.7	5:24
36	36	Jacob Malcomb	JR	ST. LAWRENCE	472	26:48.9	5:24
37	37	Anthony Lucero	SR	VASSAR	599	26:50.2	5:24
38	38	Rob Castor	SR	NAZARETH	208	26:55.9	5:26
39	39	Matt Avery	SO	BROCKPORT ST.	27	26:59.4	5:26
40	40	Anthony Palma	SO	ITHACA	189	27:00.2	5:26
41	41	Geoff Millard	JR	ST. LAWRENCE	473	27:01.1	5:27
42	42	Chris Donais	SR	RPI	407	27:03.1	5:27

43	43	Kyle Price	JR	RAMAPO	330	27:03.7	5:27
44	44	Brandon Rodkewitz	JR	TCNJ	534	27:04.0	5:27
45	45	Tim Shea	SR	ITHACA	190	27:04.2	5:27
46	46	Bobby Henchen	JR	GENESEEO ST.	113	27:05.3	5:27
47	47	Terrence Fox	JR	ST. LAWRENCE	467	27:06.5	5:28
48	48	Marty Nicholson	SR	ONEONTA	260	27:06.7	5:28
49	49	Ben Flanagan	JR	HOBART	154	27:07.6	5:28
50	50	Will Reid	JR	HAMILTON	135	27:09.5	5:28

Record 24:52.5 by Ted Turner - Geneseo  
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Place	TmPI	Name	Class	School	Race#	Time	Pace
51	51	Brian Kopnicki	SR	TCNJ	531	27:12.0	5:29
52	52	Paul Allison	SR	PLATTSBURGH ST.	289	27:13.8	5:29
53	53	Jeremy Beaudette	JR	ST. LAWRENCE	465	27:15.4	5:29
54	54	Eddie Novara	FR	FREDONIA ST.	95	27:17.3	5:30
55	55	Scott Walker	JR	ITHACA	191	27:18.1	5:30
56	56	Greg Kuczynski	SR	ROWAN	386	27:19.2	5:30
57	57	James Vavra	FR	ROCHESTER	372	27:21.1	5:31
58	58	Jon Salamon	SR	RUTGERS-CAMDEN	419	27:21.9	5:31
59	59	Zach Miller	SO	RIT	351	27:23.9	5:31
60	60	Chas Mitchell	SO	RPI	410	27:24.9	5:31
61	61	Jon Pinto	SO	ROCHESTER	370	27:26.5	5:32
62	62	Nick Guarino	SO	FREDONIA ST.	92	27:27.1	5:32
63	63	Noel Lomax	FR	PLATTSBURGH ST.	293	27:27.3	5:32
64	64	Mike Fonder	JR	TCNJ	529	27:28.1	5:32
65	65	Joe Gentsch	SO	NEW PALTZ ST.	223	27:29.5	5:32
66	66	Dennie Waite	SO	TCNJ	536	27:29.8	5:32
67	67	Andrew Capizzi	SO	RAMAPO	324	27:30.6	5:33
68	68	Mike Brindak	SR	RIT	344	27:30.9	5:33
69	69	Tim Greenberg	SO	ONEONTA	257	27:32.6	5:33
70	70	Dan Craighead	FR	ITHACA	183	27:32.9	5:33
71	71	Matt Kepler	SO	FREDONIA ST.	93	27:33.4	5:33
72	72	Robert Grim	SO	PLATTSBURGH ST.	290	27:33.8	5:33
73	73	Josh Guarino	SO	FREDONIA ST.	91	27:35.9	5:34
74	74	Daniel Chebot	SR	ROCHESTER	366	27:36.2	5:34
75	75	Stefan Karkuff	SO	ITHACA	188	27:37.2	5:34
76	76	Nick Meeker	JR	RIT	350	27:37.6	5:34
77	77	Brian Lang	SO	ROCHESTER	369	27:37.6	5:34
78	78	Scott Bickard	SO	HAMILTON	130	27:39.1	5:34
79	79	Alex Yersak	FR	TCNJ	537	27:41.9	5:35
80	80	Andrew Vasta	SR	ROWAN	393	27:42.7	5:35
81	81	Doug Teed	SR	BROCKPORT ST.	35	27:44.0	5:35

82	82	Augie Oetting	FR	BROCKPORT ST.	32	27:44.1	5:35
83	83	Frank Iwanicki	JR	RUTGERS-CAMDEN	416	27:45.0	5:35
84	84	Brian Quilty	SO	ROWAN	387	27:48.1	5:36
85	85	Mark Burnham	SR	ST. LAWRENCE	466	27:50.1	5:36
86	86	Jason Zayac	FR	ROCHESTER	373	27:51.3	5:37
87	87	Brad Antes	SO	STEVENS INSTITUTE	482	27:52.4	5:37
88	88	Chris Frank	SO	RPI	408	27:53.3	5:37
89	89	Daniel Lane	SO	ROCHESTER	368	27:53.7	5:37
90	90	Craig Baumgartner	SO	ROCHESTER	364	27:54.0	5:37
91	91	Jonathan Lindenauer	JR	RAMAPO	327	27:55.1	5:37
92	92	Zach Williams	FR	VASSAR	604	27:55.6	5:38
93	93	Jack Fitzhenry	FR	NYU	239	27:56.3	5:38
94	94	Michael Vrabel	SO	BROCKPORT ST.	36	27:58.4	5:38
95	95	Keith Wagner	SR	USMMA	564	27:59.3	5:38
96	96	Andrew Utas	SR	VASSAR	603	27:59.6	5:38
97	97	Devon Lynch	SO	HAMILTON	134	28:01.7	5:39
98	98	Mike Cocquyt	SR	BROCKPORT ST.	28	28:02.1	5:39
99	99	Geoff Hale	SO	UTICA	581	28:02.5	5:39
100	100	Matt Laroe	FR	ONEONTA	259	28:02.8	5:39

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Place	TmPI	Name	Class	School	Race#	Time	Pace
101	101	Frank Pfaffenberger	SO	ONEONTA	262	28:03.0	5:39
102	102	Eric Dubois	FR	ROWAN	385	28:03.4	5:39
103	103	Gary Kuehn	JR	USMMA	561	28:03.8	5:39
104	104	Alex Benway	FR	CLARKSON	57	28:03.9	5:39
105	105	Brad Argentine	SR	CLARKSON	56	28:06.7	5:40
106	106	Kevin Kerr	JR	HAMILTON	132	28:07.1	5:40
107	107	Ryan Gilmore	SO	BROCKPORT ST.	29	28:07.9	5:40
108	108	Joe Ver	SR	PLATTSBURGH ST.	295	28:08.3	5:40
109	109	Leo Pavlovsky	JR	RPI	412	28:08.8	5:40
110	110	Eric Thomas	SR	ROWAN	392	28:09.4	5:40
111	111	Chuck Hollister	SO	ONEONTA	258	28:12.0	5:41
112	112	Bryan Murphy	SR	RPI	411	28:13.2	5:41
113	113	Mike Kurvach	FR	RIT	349	28:13.8	5:41
114	114	Mike Rivera	SR	ROWAN	389	28:17.9	5:42
115	115	Jonathan Szczesniak	FR	UTICA	584	28:19.7	5:42
116	116	Jesse Schuster	JR	ALFRED	14	28:21.3	5:43
117	117	Sam Murray	FR	VASSAR	601	28:22.1	5:43
118	118	Joseph Geniti	SO	UTICA	580	28:23.6	5:43
119	119	Jeff Corelli	FR	RPI	405	28:24.2	5:43
120	120	Mike Kennedy	SR	RAMAPO	325	28:26.9	5:44
121	121	Chris Walters	SR	FREDONIA ST.	97	28:26.9	5:44

122	122	Matt Morales	SO	NAZARETH	210	28:30.3	5:45
123	123	John Wright	FR	STEVENS INSTITUTE	489	28:30.7	5:45
124	124	Mac McMahill	SO	FREDONIA ST.	94	28:30.8	5:45
125	125	Garrett Armbruster	JR	HAMILTON	129	28:33.2	5:45
126	126	Eric Moore	FR	HOBART	159	28:34.1	5:45
127	127	Brian Stevens	FR	UTICA	583	28:36.7	5:46
128	128	Ryan Kopp	SR	RAMAPO	326	28:38.2	5:46
129	129	Jeff Terebey	SO	ROWAN	391	28:40.6	5:47
130	130	Dan Bruton	FR	ONEONTA	255	28:47.9	5:48
131	131	Paul Bahamondes	SR	RUTGERS-NEWARK	428	28:49.7	5:48
132	132	Tom Grosskurth	SO	RPI	409	28:49.8	5:48
133	133	Eric Haun	FR	ST. JOSEPH'S (L.I.)	451	28:52.5	5:49
134	134	Will Craig	FR	RIT	346	28:53.6	5:49
135	135	Nick Avello	JR	NEW PALTZ ST.	221	28:55.2	5:50
136	136	Tauqeer Qazi	SO	RUTGERS-NEWARK	436	28:56.9	5:50
137	137	Mike Zelensky	FR	NEW PALTZ ST.	227	28:58.5	5:50
138	138	Sean Vazquez	FR	STEVENS INSTITUTE	488	28:59.2	5:50
139	139	Jon Grossman	SO	RIT	347	29:00.7	5:51
140	140	Peter Fekete	FR	NAZARETH	209	29:00.8	5:51
141	141	Rich Adickes	FR	ST. JOSEPH'S (L.I.)	447	29:01.8	5:51
142	142	Justin Rupert	FR	VASSAR	602	29:06.4	5:52
143	143	Jim Codianni	FR	STOCKTON	498	29:07.0	5:52
144	144	Andrew Nadeau	JR	CLARKSON	62	29:07.8	5:52
145	145	Louis Winkler	SO	HAMILTON	137	29:09.3	5:52
146	146	Matt Caulfield	JR	STEVENS INSTITUTE	484	29:12.6	5:53
147	147	Tyler Waldecker	FR	RAMAPO	332	29:13.8	5:53
148	148	Daquan Bashir	SO	RUTGERS-NEWARK	430	29:15.7	5:54
149	149	Adam Biner	FR	RUTGERS-CAMDEN	414	29:19.5	5:54
150	150	Steven Chick	SO	STEVENS INSTITUTE	485	29:24.0	5:55

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Place	TmPI	Name	Class	School	Race#	Time	Pace
151	151	Alex Booth	SR	VASSAR	596	29:27.3	5:56
152	152	Patricio Guaiquil	SR	UNION (N.Y.)	547	29:29.2	5:56
153	153	Travis Heithoff	SO	STEVENS INSTITUTE	486	29:31.4	5:57
154	154	Jim Thierman	JR	ALFRED	16	29:31.8	5:57
155	155	Mike Buscemi	FR	ST. JOSEPH'S (L.I.)	448	29:33.4	5:57
156	156	Jeremy West	SR	SUNYIT	517	29:33.7	5:57
157	157	Steve Dagata	FR	UTICA	576	29:34.1	5:57
158	158	Tyler Eckhoff	SR	ST. JOSEPH'S (L.I.)	450	29:35.0	5:58
159	159	Neal Campbell	FR	CLARKSON	58	29:35.3	5:58
160	160	Fabio Ritmo	FR	OSWEGO STATE	279	29:35.8	5:58
161	161	Jerry Coleman-Dodson	JR	USMMA	559	29:35.9	5:58

162	162	Akeem Lloyd	JR	RUTGERS-CAMDEN	418	29:37.1	5:58
163	163	Matt Gammariello	FR	CLARKSON	59	29:41.1	5:59
164	164	Jeff Jones	FR	CLARKSON	61	29:50.7	6:01
165	165	Ryan Cassidy	FR	NEW PALTZ ST.	222	29:52.0	6:01
166	166	Josh Hummel	FR	CLARKSON	60	29:52.5	6:01
167	167	Ian Schwartz	FR	UNION (N.Y.)	553	29:54.2	6:01
168	168	Joe Johnson	SO	UTICA	582	29:55.4	6:02
169	169	Jason Comstock	FR	OSWEGO STATE	273	29:55.5	6:02
170	170	Woody Roxon	FR	HOBART	160	29:56.3	6:02
171	171	Warren Tucker	SO	USMMA	562	29:59.9	6:03
172	172	Ben Chateauvert	SO	HUNTER	168	30:00.7	6:03
173	173	Paul Igoe	FR	ALFRED	10	30:01.8	6:03
174	174	Lee Consolo	JR	ALFRED	9	30:01.9	6:03
175	175	Cody Netzband	JR	OSWEGO STATE	276	30:02.6	6:03
176		Tim Sattler	SO	HARTWICK	152	30:03.5	6:03
177	176	Ross Whelpley	FR	USMMA	565	30:04.7	6:04
178	177	Dexter Larsen	FR	NEW PALTZ ST.	224	30:07.5	6:04
179	178	Robert Ezewuiro	SR	RUTGERS-NEWARK	431	30:08.4	6:04
180	179	Dearon Panossian	SO	UNION (N.Y.)	549	30:08.8	6:04
181	180	Ben Thuman	FR	OSWEGO STATE	280	30:10.4	6:05
182	181	Steven Busch	FR	SUNYIT	511	30:11.7	6:05
183	182	Ryan Darling	JR	SUNYIT	512	30:12.8	6:05
184	183	Matt Rutherford	SR	STOCKTON	503	30:22.1	6:07
185	184	Greg Hrinda	SR	RIT	348	30:23.7	6:07
186	185	Andrew Ballinger	FR	STEVENS INSTITUTE	483	30:25.0	6:08
187	186	Kevin Snyder	FR	NEW PALTZ ST.	225	30:26.0	6:08
188	187	Michael Stockman	SR	SUNYIT	516	30:26.6	6:08
189	188	Brendan Von Koss	FR	USMMA	563	30:29.1	6:08
190	189	Tim Rutan	FR	NAZARETH	211	30:32.0	6:09
191	190	Robert Doss	FR	SUNYIT	513	30:34.2	6:09
192	191	Ben Lawrence	SO	UNION (N.Y.)	548	30:36.7	6:10
193	192	Alan Zollo	JR	ST. JOSEPH'S (L.I.)	454	30:39.4	6:11
194	193	Robert Webster	SO	NEW PALTZ ST.	226	30:42.3	6:11
195	194	Mitch Boise	SO	UTICA	575	30:47.9	6:12
196	195	Joe Merrihew	SR	OSWEGO STATE	275	30:47.9	6:12
197	196	Evan Turner	SO	HOBART	161	30:50.7	6:13
198	197	Greg Eppinger	SR	UNION (N.Y.)	545	30:51.5	6:13
199	198	Kevin Burr	SO	SUNYIT	510	30:55.2	6:14
200	199	Paul Wheeler	SO	NAZARETH	213	30:55.3	6:14

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201	200	Mike Clarke	FR	USMMA	558	31:01.1	6:15

202	201	Tom Harty	JR	HOBART	155	31:02.5	6:15
203	202	Justin Donovan	SO	ST. JOSEPH'S (L.I.)	449	31:03.2	6:15
204	203	Efren Cazales	SR	RUTGERS-CAMDEN	415	31:06.5	6:16
205		Justin Pedersen	SO	HARTWICK	149	31:08.5	6:16
206	204	Brandon Niezgoda	JR	OSWEGO STATE	277	31:10.2	6:17
<b>207</b>	<b>205</b>	<b>Owen Parani</b>	<b>FR</b>	<b>RUTGERS-NEWARK</b>	<b>435</b>	<b>31:11.3</b>	<b>6:17</b>
208	206	Kirk Peskor	JR	ALFRED	12	31:18.9	6:18
209	207	Ryan Lubba	FR	OSWEGO STATE	274	31:21.0	6:19
210	208	Jim Karwacki	SO	STOCKTON	500	31:26.4	6:20
211	209	Shaun Viguerie	FR	HOBART	162	31:35.1	6:22
212	210	Stephen Rinaldi	JR	STOCKTON	502	31:46.5	6:24
213	211	Zack Patnode	JR	UNION (N.Y.)	550	31:49.3	6:25
214	212	Gem Alegre	SO	HUNTER	166	31:55.3	6:26
215	213	Ross Hicks	SO	HOBART	157	31:57.1	6:26
216	214	Andrew Wong	JR	HUNTER	171	31:58.5	6:26
217	215	Peter Schulte	JR	UNION (N.Y.)	552	32:02.6	6:27
218	216	Matt Phillips	JR	ALFRED	13	32:04.8	6:28
219	217	Ryan Dean	FR	STOCKTON	499	32:34.1	6:34
220	218	Andrew Gorczyca	SR	SUNYIT	514	32:59.4	6:39
<b>221</b>	<b>219</b>	<b>Gerard Farao</b>	<b>SO</b>	<b>RUTGERS-NEWARK</b>	<b>432</b>	<b>33:21.3</b>	<b>6:43</b>
222	220	Stephen Trefethen	FR	POTSDAM ST.	313	33:26.4	6:44
223	221	Justin Schimmenti	JR	ST. JOSEPH'S (L.I.)	453	33:27.1	6:44
224	222	Legenry Sosa	FR	HUNTER	170	34:28.7	6:57
225	223	Jonathan Appleby	JR	POTSDAM ST.	306	34:44.4	7:00
226	224	Jordan Reiter	SO	STOCKTON	501	35:01.5	7:03
<b>227</b>	<b>225</b>	<b>Neil Hemnarine</b>	<b>FR</b>	<b>RUTGERS-NEWARK</b>	<b>433</b>	<b>35:15.0</b>	<b>7:06</b>
228	226	Ramos Jorge	JR	RUTGERS-CAMDEN	417	35:18.3	7:07
229		Sean Roberts	SR	HARTWICK	150	35:20.0	7:07
230	227	Andrew Medina	FR	HUNTER	169	35:31.8	7:09
231	228	Jared Longmore	JR	POTSDAM ST.	311	36:01.7	7:15
232	229	Andrew Oaks	SO	POTSDAM ST.	312	37:03.1	7:28
233		Sam Roods	SR	HARTWICK	151	37:44.0	7:36
234	230	Joseph Heindl	SR	POTSDAM ST.	309	40:24.6	8:08